Additional Youth Programs

Oregon 4-H

Offers a variety of educational opportunities for youth ages 5-19. The program is part of the OSU Extension Service and is active in all Oregon counties. 4-H is based on a positive youth development (PYD) approach that recognizes all youth have interests, abilities, and strengths that can be enhanced by participation in 4-H programs. Research shows that participating in high quality 4-H programs increases thriving in youth, and thriving youth achieve important developmental outcomes, such as academic motivation and achievement. Opportunities abound for leadership development, community service, and learning about topics as diverse as natural sciences, foods and nutrition, animal science, STEM and more! All 4-H educational activities are designed to help participants develop lifelong skills through project based learning that will prepare them for future success. To learn more about local opportunities, contact the OSU Extension office in your county or call the State 4-H Office at 541-737-4444 (HHHH).

Bug Zoo

The Oregon State University Bug Zoo is a student group interested in educating its members, other students and the public about the joys and importance of insects, other arthropods and reptiles and amphibians. Bug Zoo educates through live displays and hands-on activities. For more information, contact Jessica Green, 541-737-9038, email: jessica.green@oregonstate.edu (sujaya@oregonstate.edu). Website: https://entomology.oregonstate.edu/entomology-program/outreach-0

Discovery Days

Discovery Days is an outreach program involving many of the science departments at OSU as well as departments and schools from the College of Agricultural Sciences and the College of Engineering. This two-day event, held in both the fall and spring terms, features displays and hands-on activities from different departments that are suitable for all ages. For more information, contact Margie Haak, 541-737-6716, email: margie.haak@oregonstate.edu. Website: http://www.science.oregonstate.edu/node/35.

Education/K-12 Outreach/Chemistry Outreach

The Department of Chemistry has an active program to bring chemistry to the local community. Through the Outreach Committee, opportunities are available to tour labs, do hands-on experiments, and have chemistry faculty and students to bring chemistry to schools. For more information, contact Margie Haak, 541-737-6716, email: margie.haak@oregonstate.edu. Website: http://chemistry.oregonstate.edu/content/service-profession-outreach-community

Healthy Youth Program at the Linus Pauling Institute

The Healthy Youth Program provides educational programs with hands-on activities to children (preschool—grade 12) highlighting the importance of healthful eating and physical activity. Our vegetable gardens provide fresh produce for all our programs, and link a healthy and active lifestyle with a sustainable environment. Contact: Caitlyn Reilley, Program Coordinator, Healthy Youth Program, Linus Pauling Institute, 307 Linus Pauling Science Center, Corvallis OR 97331. Email: caitlyn.reilley@oregonstate.edu (casey.bennett@oregonstate.edu); 541-737-8014. Website: http://lp.i.oregonstate.edu/healthyyouth

Summer Day Camp

Chefs in the Garden: Ages 6–8 years. Children learn how to grow their own food, explore new recipes and fun ways to eat healthful foods, cook and eat lunch together in the garden, and learn how a healthy environment is part of a healthy lifestyle. They also get involved in environmental science activities, arts & crafts, and plenty of physical activities.

Junior Master Chefs: Ages 8–11 years. Children harvest fresh produce from the Pauling Pride Garden and engage all their senses as they explore and prepare a variety of recipes. They learn about kitchen safety, are exposed to various culinary techniques, eat lunch together, and engage in physical activity games outdoors.

Master Chefs: Grades 6th–8th. Youth explore and prepare recipes from around the world and end the week with a cooking competition. They harvest fresh produce from the nearby Pauling Pride Garden. Youth develop teambuilding skills, learn about kitchen safety, experiment with new foods, and learn various culinary techniques.

Classes During the School Year

Fresh Grown Cooking for Kids: Ages 6–11 years. Youth learn basic nutrition, cooking, and kitchen safety skills and engage all their senses as they explore nutritious recipes and prepare meals together. They work together in small groups to prepare two to three recipes at each class. Recipes incorporate seasonal produce, often harvested from the nearby Spartan Garden.

Master Chefs: Grades 6th–8th. Middle school students explore and prepare recipes from different parts of the world. In the last class of the session, students participate in a cooking competition with a judging panel. Participants develop teambuilding skills, learn about kitchen safety, and experiment with new foods and various culinary techniques.

Afterschool Garden Clubs: Grades K–12. Garden clubs are offered at Lincoln Elementary School, Linus Pauling Middle School, and Corvallis High School.

Healthy Sprouts: Preschool children with their parent. Preschool children and their parents listen to stories, engage in fun educational games, learn about the world around them, and get involved with arts & crafts and physical activity games to prepare them for kindergarten. During each class the children, together with their parents, prepare and enjoy a healthy and nutritious snack.

Inner City Youth Institute (ICYI)

ICYI is a collaborative partnership among the OSU College of Public Health and Human Sciences, the US Forest Service and Pacific Northwest Research Station. The program encourages urban youth to explore careers in natural resources, attain higher education in natural resource careers and understand the interrelationships between the use of natural resources, the people who use them and the land that sustains their community. For more information, visit http://extension.oregonstate.edu/washington/4h/icyi or contact Stacey Sowders, Program 4-H ICYI
Program Coordinator: 503-821-1125, stacey.sowders@oregonstate.edu.
(stacey.sowders@oregonstate.edu)

Oregon Wood Magic™
Oregon Wood Magic™ is a 2 hour 45 minute interactive experience
designed to educate elementary school teachers and their
students about the wonders of wood as a material. For more
information, visit http://woodscience.oregonstate.edu/oregon-
wood-magic or call Michelle Maller, 541-737-4259, Wood Magic
Coordinator, michelle.maller@oregonstate.edu.

OSU Summer Veterinary Experience
The OSU Summer Veterinary Experience is a hands-on learning
experience for academically talented high school students interested
in veterinary medicine. Scholarships are available for students from
low-income backgrounds, first-generation college students, and
students with ethnic or cultural backgrounds underrepresented in the
veterinary field. Mentors will work with each student to discover and
explore their talents and understanding the basic sciences, animal and
human health, and social sciences. For more information, visit http://
vetmed.oregonstate.edu/osu-summer-veterinary-experience or contact
Tess Collins, 541-737-6985, tess.collins@oregonstate.edu.

Pet Day and Open House
Pet Day and Open House provides outreach and information about
veterinary science, and careers in veterinary science and animal
care. It is open to the general public the first Saturday in May at
Magruder Hall on campus. For more information, contact Lyn Smith-
Gloria, lyn.smith-gloria@oregonstate.edu, 541-737-3844. Website: http://
vetmed.oregonstate.edu/pet-day.