

# COUNSELING (COUN)

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## **COUN 421. PERSONAL GROWTH AND WELLNESS IN THE MODERN WORLD. (3 Credits)**

Explores social and emotional adjustment, growth, and wellness within current social contexts. Examines challenges to wellness and the role of normal development, self-help, and the helping professions in the growth process.

## **COUN 441. INTRODUCTION TO PROFESSIONAL COUNSELING. (3 Credits)**

Provides students with an overview of the counseling profession that includes the history and philosophical foundations of the profession and roles and functions of professional counselors. The course content will critically engage the privilege and responsibility of the counseling profession in a multicultural society.

## **COUN 501. RESEARCH. (1-16 Credits)**

*This course is repeatable for 16 credits.*

## **COUN 502. INDEPENDENT STUDY. (1-16 Credits)**

*This course is repeatable for 16 credits.*

## **COUN 503. THESIS. (1-16 Credits)**

*This course is repeatable for 999 credits.*

## **COUN 505. READING AND CONFERENCE. (1-3 Credits)**

*This course is repeatable for 16 credits.*

## **COUN 506. PROJECTS. (1-3 Credits)**

*This course is repeatable for 16 credits.*

## **COUN 507. SEMINAR. (1-3 Credits)**

*This course is repeatable for 16 credits.*

## **COUN 508. WORKSHOP. (1-16 Credits)**

*This course is repeatable for 16 credits.*

## **COUN 509. PRACTICUM. (1-16 Credits)**

Designed to develop competencies in basic skills, facilitative dimensions, and counseling process. Self-critique, peer-critique, and supervisor-critique of videotaped interview. Written self-critique, oral case presentation and charting skills are learned. Graded P/N.

*This course is repeatable for 16 credits.*

## **COUN 510. INTERNSHIP. (1-18 Credits)**

The internship is the culminating field experience of the MS in Counseling program. It is designed to provide students with an on-site placement in a public or private mental health or school setting that will create the necessary bridge between training and professionalism. Students are expected to function per the expectations of other full-time employees and counseling staff at the internship site. Graded P/N.

*This course is repeatable for 16 credits.*

## **COUN 513. COUNSELING PRE-PRACTICUM. (3 Credits)**

Designed to develop competencies in basic counseling skills and processes. Self critique, peer critique, and supervisor critique of videotaped interviews with peer clients. A pass requires at least B level work. Graded P/N.

*This course is repeatable for 6 credits.*

## **COUN 514. PRACTICUM IN COUNSELING. (1-3 Credits)**

Designed to develop competencies in basic skills, facilitative dimensions, and counseling process. Self-critique, peer-critique, and supervisor-critique of videotaped interview. Written self-critique, oral case presentation and charting skills are learned. A pass requires at least B level work. Graded P/N.

*This course is repeatable for 9 credits.*

## **COUN 515. COUNSELING INTERNSHIP. (1-15 Credits)**

The internship is the culminating field experience of the MS in Counseling program. It is designed to provide the student with an on-site placement in a public or private mental health or school setting that will create the necessary bridge between training and professionalism. Graded P/N.

*This course is repeatable for 24 credits.*

## **COUN 530. FUNDAMENTALS OF COUNSELING. (3 Credits)**

Exploration of basic helping processes appropriate in a variety of settings. Designed for students planning on working in a human service profession, such as counseling, teaching, nursing, medicine, law. A variety of skills and techniques are demonstrated and practiced through videotape and role play, and review of ethical standards of conduct.

**Equivalent to:** CSSA 530

## **COUN 531. DEVELOPMENTAL PERSPECTIVES IN COUNSELING. (3 Credits)**

A study of affective, behavioral, cognitive, physical, and moral development for human growth and maturation. Theories of personality and learning that affect normal and non-normal development. Relationship of understanding human development to the counseling profession.

## **COUN 532. SOCIAL AND CULTURAL PERSPECTIVES IN COUNSELING. (3 Credits)**

Social and cultural factors effecting counseling. Includes studies of change, ethnic groups, subcultures, changing roles of women, sexism, urban and rural societies, population patterns, cultural mores, use of leisure time, and differing life patterns.

## **COUN 533. ADDICTIVE BEHAVIOR COUNSELING. (3 Credits)**

Techniques for addictive behavior assessment and counseling. Specific addictions covered include substance abuse, gambling, and eating disorders.

## **COUN 536. APPLIED PSYCHOPHARMACOLOGY FOR COUNSELORS. (3 Credits)**

Acquaints counseling students with the fundamentals of psychotropic drugs. Basics of pharmacology, adverse effects, indications, and drug interactions will be discussed. Boundaries of practice and practical issues of assessment and referral will be covered. The overall aim of the course is to provide information about psychopharmacology to the non-medical mental health care provider so that she or he can be a more informed member of the mental health care team. This course does not purport to prepare the student to be any part of the pharmacological prescriptive process. That is the purview of the medically trained person.

## **COUN 540. NEW VISION SCHOOL COUNSELING: ACADEMIC ACHIEVEMENT. (3 Credits)**

Participants will be able to implement research-based educational practices in:

1. Individual and group academic achievement counseling.
2. Consulting with parents, teachers, and schools regarding academic achievement.
3. Utilizing culturally competent practices in addressing academic achievement issues.
4. Applying the appropriate legal and ethical guidelines to work in the academic domain.

## **COUN 541. THE COUNSELING PROFESSION. (3 Credits)**

Provides the foundation for becoming a counselor and explores the psychological and philosophical ramifications of the counselor in a changing world. Topics will include values in counseling, ethical and legal issues in counseling, research in counseling, and maintaining a professional identity.

**COUN 546. LEADERSHIP OF SCHOOL COUNSELING PROGRAMS. (3 Credits)**

Designed to prepare school counselors to lead teams in the development and implementation of comprehensive school counseling programs. Principles of leadership, system change, and advocacy are introduced. State and National Comprehensive School Counseling models are examined.

**COUN 548. SPECIAL EDUCATION ISSUES IN COUNSELING. (3 Credits)**

Addresses various educational disability categories, the fundamentals of special education law, the special education assessment process, the special education definition of emotional/behavioral disorders, and the counselor's role in supporting children with special emotional needs.

**COUN 550. FOUNDATIONS OF MENTAL HEALTH COUNSELING. (3 Credits)**

Addresses the foundations of mental health counseling: (1) historical, philosophical, societal, cultural, economic, and political dimensions of, and current trends in, the mental health movement; (2) roles, functions, preparation standards, credentialing, licensure and professional identity of mental health counselors, (3) policies, laws, legislation, recognition, reimbursement, right-to-practice, and other issues relevant to mental health counseling.

**COUN 551. THEORY AND TECHNIQUES OF COUNSELING I. (3 Credits)**

Basic concepts and facilitative skills of helping relationships. Introduction and overview of counseling theories and their related processes and techniques.

**COUN 552. THEORY AND TECHNIQUES OF COUNSELING II. (3 Credits)**

Continued development of the theories and techniques of counseling including identification of the counseling process. Emphasis on personality development and affective, behavioral and cognitive approaches.

**Recommended:** COUN 551

**COUN 562. INTRODUCTION TO RESEARCH METHODS IN COUNSELING. (3 Credits)**

An introductory course for master's level students. Explains basic evaluation, quantitative and qualitative research methods in the counseling profession; action research and the fundamental statistical procedures used in the interpretation and use of research studies.

**COUN 567. APPRAISAL OF THE INDIVIDUAL. (3 Credits)**

Development of framework for understanding the individual; methods for data gathering and assessment; individual and group testing; case study approaches; observational, sociometric, and environmental procedures; study of individual differences. Ethnic, cultural, and sex factors are emphasized.

**Recommended:** Basic statistics course.

**COUN 568. LIFESTYLE AND CAREER DEVELOPMENT. (3 Credits)**

Major theoretical approaches to career development; available resources for educational and occupational assessment; procedures to enhance career exploration, planning and placement. Emphasis is on the decision-making process and issues of career counseling with special populations.

**COUN 571. GROUP COUNSELING PROCEDURES. (3 Credits)**

A conceptual and experiential introduction to group dynamics. Group counseling approaches and models; issues of group leadership; styles of leadership and group facilitation skills. Consideration is given to group counseling goals, composition, phases and research.

**COUN 575. FAMILY COUNSELING. (3 Credits)**

An overview of the major theoretical approaches to family counseling will be covered. Through the use of readings, demonstrations, and videos the student will become familiar with systems foundations, the history of family counseling, family roles, interaction patterns, and decision-making processes.

**COUN 577. APPLIED PSYCHOPATHOLOGY AND PSYCHODIAGNOSTICS. (3 Credits)**

Addresses the principles of diagnosis of psychopathology and the use of current diagnostic tools, including the current edition of the Diagnostic and Statistical Manual (DSM). Includes psychiatric terminology, treatment, current research, cross cultural impact, ethical implications, and goal planning related to mental health processes and case management.

**Recommended:** COUN 541 and COUN 551 and COUN 552.

**COUN 578. CRISIS, TRAUMA, AND GRIEF COUNSELING. (3 Credits)**

The theory and pragmatics of crisis, trauma and grief counseling are addressed.

**COUN 579. TRAUMA-INFORMED COUNSELING. (3 Credits)**

Trauma-informed counseling methods for promoting client wellness and resilience are addressed.

**Prerequisites:** COUN 578 with C or better

**Recommended:** COUN 509

**COUN 581. CROSS-CULTURAL COUNSELING. (3 Credits)**

Cognitive and experimental study of social and psychological variables influencing the cross-cultural counseling relationship. Social and psychological experiences of selected subcultures. Relevant assessment instruments and current literature, methods and outcome studies.

**COUN 582. MULTICULTURAL COUNSELING II. (3 Credits)**

Further explores multicultural counseling by studying in-depth the experience of specific student populations and their unique strengths and needs. Students will gain understanding of the specialized school programs and state and national regulations that support a variety of learners as well as the theories and research related to language acquisition to support ELL and bilingual students in the PK-12 system. Students will engage in authentic experiences and assignments to enrich their understanding of sub-populations of students and their families to enhance their cultural responsiveness with those specific groups of learners.

**Prerequisites:** COUN 581 with C or better

**COUN 591. INSTRUCTIONAL STRATEGIES FOR SCHOOL COUNSELORS. (3 Credits)**

Students will gain understanding in research-based classroom teaching practices including classroom planning and evaluation. Students will refine their educational beliefs of classroom practice and gain insight into the administrative structure of public schools as it relates to the teacher and school counselor.

**COUN 592. CLASSROOM INSTRUCTION FOR COUNSELORS. (3 Credits)**

75 hours of supervised instruction in a public school setting.

**Recommended:** COUN 591.

**COUN 595. GROUP COUNSELING II. (3 Credits)**

Group counseling theories and pragmatics for clients with mental and emotional disorders.

**COUN 597. INTRODUCTION TO COUNSELOR SUPERVISION. (3 Credits)**

Introduction to the theory and pragmatics of counselor supervision.

**COUN 598. COUNSELOR CONSULTATION. (3 Credits)**

Development of consultation skills as a supervisor and counselor educator. Consultation theory and practice are studied. Students practice consultation skills and receive feedback.

**COUN 599. SPECIAL TOPICS. (1-4 Credits)**

*This course is repeatable for 90 credits.*

**COUN 601. RESEARCH. (1-16 Credits)**

*This course is repeatable for 16 credits.*

**COUN 602. INDEPENDENT STUDY. (1-16 Credits)**

*This course is repeatable for 16 credits.*

**COUN 603. THESIS. (1-16 Credits)**

*This course is repeatable for 999 credits.*

**COUN 605. READING AND CONFERENCE. (1-16 Credits)**

*This course is repeatable for 16 credits.*

**COUN 606. PROJECTS. (1-16 Credits)**

*This course is repeatable for 16 credits.*

**COUN 607. SEMINAR. (1-16 Credits)**

*This course is repeatable for 16 credits.*

**COUN 608. WORKSHOP. (1-16 Credits)**

*This course is repeatable for 16 credits.*

**COUN 609. PRACTICUM IN COUNSELING. (1-12 Credits)**

Specialized counseling experiences supervised by a professional. Emphasis is on development of advanced skills in counseling specific to a population.

*This course is repeatable for 16 credits.*

**COUN 610. INTERNSHIP IN COUNSELING. (1-15 Credits)**

Designed to provide experiences in development of teaching and supervision skills in preparation as a counselor educator and supervisor.

*This course is repeatable for 15 credits.*

**COUN 612. RESEARCH PERSPECTIVES IN EDUCATION. (3 Credits)**

Research perspectives, how they are influenced by worldviews, and how these worldviews influence research.

**Recommended:** COUN 562 and completion or concurrent enrollment in an introductory statistics course

**COUN 613. RESEARCH ANALYSIS AND INTERPRETATION IN EDUCATION. (3 Credits)**

Critical analysis of scholarly studies in education from a variety of research perspectives.

**Recommended:** (TCE 612 or COUN 612) and completion or concurrent enrollment in an intermediate statistics course

**COUN 614. ADVANCED RESEARCH METHODS IN EDUCATION. (1-3 Credits)**

Selected topics in research methods as appropriate for research perspectives in education.

*This course is repeatable for 6 credits.*

**Recommended:** COUN 613

**COUN 616. UNIVERSITY LEVEL INSTRUCTIONAL THEORY AND METHODS. (3 Credits)**

Addresses general university level instructional theory and methods as well as pedagogy specific to counselor education.

**COUN 617. ADVANCED COUNSELOR SUPERVISION. (3 Credits)**

Advanced theory and techniques in counselor supervision. Pedagogical issues in training supervisors are addressed.

**COUN 618. PRACTICUM IN COUNSELING. (1-12 Credits)**

Specialized counseling experiences supervised by a professional. Emphasis is on development of advanced skills in counseling specific to a population.

*This course is repeatable for 16 credits.*

**COUN 619. INTERNSHIP IN COUNSELING. (1-12 Credits)**

Designed to provide experiences in development of teaching and supervision skills in preparation as a counselor educator and supervisor.

*This course is repeatable for 16 credits.*

**COUN 621. ADVANCED TOPICS IN EDUCATION. (3 Credits)**

Advanced critical study of theory and research related to specific topics of counseling and counselor education.

*This course is repeatable for 18 credits.*

**COUN 632. ADVANCED COUNSELING THEORY. (3 Credits)**

The goal of this course is to develop in each student an advanced level of understanding and skill in emergent counseling models.

**COUN 633. ADVANCED COUNSELING PRACTITIONER I. (3 Credits)**

Assists the advanced counseling practitioner with their knowledge and skills in training, leadership, and writing.

**COUN 634. ADVANCED COUNSELING PRACTITIONER II. (3 Credits)**

Addresses the theory, science, pragmatics and pedagogy of evidence-based practices in professional counseling.

**COUN 662. COUNSELOR EDUCATION QUANTITATIVE RESEARCH METHODS I. (3 Credits)**

Part I of a three-course sequence designed to prepare students to meet the CACREP doctoral standards for quantitative research methods in counselor education. Topics addressed in course I include application of the following in counselor education research: (1) data scales and scale transformation, (2) frequency distributions and histograms, (3) measures of central position, (4) variability, (5) characteristics of data curves, (6) normality, (7) measures of variability, (8) the statistical hypothesis, (9) statistical errors (Type I/Type II), (10) power analysis, and (11) statistical correlation.

**Recommended:** COUN 562.

**COUN 663. COUNSELOR EDUCATION QUANTITATIVE RESEARCH METHODS II. (3 Credits)**

Part II of a three-part course sequence designed to prepare students to meet the CACREP doctoral standards for quantitative research methods in counselor education. Topics addressed in course II include application of the following in counselor education research: (1) a review of the dependent variable, normal curve, Type I and Type II errors, power analysis, and criteria for selecting statistical tools, (2) significance tests, including Chi-square t-test, one-factor analysis of variance, multiple comparison tests (L.S.D. and Tukey's HSD), two-factor analysis of variance, statistical interaction (ordinal and disordinal), linear regression, factor analysis, and analysis of covariance.

**COUN 664. COUNSELOR EDUCATION QUANTITATIVE RESEARCH METHODS III. (3 Credits)**

Part III of a three-course sequence designed to prepare students to meet the CACREP doctoral standards for quantitative research methods in counselor education. Topics addressed in course III include application of the following in counselor education research: (1) multiple regression, (2) path analysis, (3) confirmatory factor analysis, analysis, (4) logistic regression, (5) reliability and generalizability theory, (6) cluster analysis, (7) structural equation modeling, and (8) single subject designs.

**COUN 665. PUBLICATION METHODS IN COUNSELOR EDUCATION. (3 Credits)**

Teaches doctoral students how to write theses, grant reports, peer-reviewed journal articles, and textbook chapters.

**COUN 667. ADVANCED ASSESSMENT IN COUNSELING. (3 Credits)**

Explores current issues in the use of assessment in counseling, best practices in instrument development, and best practices in assessment pedagogy.

**COUN 668. ADVANCED CAREER DEVELOPMENT AND CONSULTATION IN COUNSELING. (3 Credits)**

An advanced course surveying past, current, and possible future technical and philosophical perspectives concerning career development and counseling. Issues in consultation, social change theory, and advocacy action planning are also reviewed in light of their impact on future counseling practitioners. Pedagogical methods for presenting current issues in career development, consultation, social change theory and advocacy action planning are a major focus of the class.

**Recommended:** COUN 568 and COUN 598.

**COUN 671. ADVANCED GROUP COUNSELING. (3 Credits)**

Provides learning experiences beyond the entry level in group counseling. Theoretical and pedagogical innovations in this area are discussed.

**COUN 681. ADVANCED DIVERSITY AND SOCIAL JUSTICE IN COUNSELOR EDUCATION. (3 Credits)**

Addresses pedagogy relevant to multicultural, diversity, and social justice issues and the role of racial, ethnic, and cultural heritage, nationality, socioeconomic status, family structure, age, gender, sexual orientation, religious and spiritual beliefs, occupation, physical, and mental status, local, regional, national, international perspective, and issues of equity such as oppression, power and privilege in counselor education.

**Recommended:** COUN 581

**COUN 696. COUNSELOR EDUCATION. (3 Credits)**

Orientation to the profession of counselor education. Specific topics include: (1) history and organization of the profession, (2) program accreditation standards and practices, (3) instructional theory and methods relevant to counselor education, and (4) ethical and legal considerations in counselor education.

**COUN 697. COUNSELOR SUPERVISION. (3 Credits)**

Practical experience for counseling professionals who have responsibility directing personal and professional development of counselors, promoting counselor competency, and developing and implementing counseling services and programs. Theoretical models of supervision are utilized to develop supervisor roles.