HEALTH PROMOTION AND HEALTH BEHAVIOR OPTION

This option is offered within the following major(s):


This option prepares students for many career opportunities in the areas of public health promotion, health behavior, and disease prevention. Students learn a variety of skills and strategies that will provide them with the necessary proficiencies to improve population health in diverse settings. The program focuses on the social and behavioral determinants of health and disease across the lifespan, with a particular emphasis on health disparities. Graduates are qualified to assist with the planning, implementing, and evaluation of programs that address health disparities and that are intended to improve the health of diverse populations.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>H 310</td>
<td>HEALTH FIELD EXPERIENCES</td>
<td>3</td>
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<tr>
<td>or H 349</td>
<td>PEER HELPER SKILLS DEVELOPMENT</td>
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<tr>
<td>H 407</td>
<td>SEMINAR</td>
<td>2</td>
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<td>H 410</td>
<td>INTERNSHIP</td>
<td>12</td>
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<tr>
<td>H 476</td>
<td>*PLANNING AND EVALUATING HEALTH PROMOTION PROGRAMS</td>
<td>4</td>
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**Required Supporting Courses**

Select one of the following: 4

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<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>BI 101</td>
<td>*ENVIRONMENTAL BIOLOGY: ECOLOGY, CONSERVATION, GLOBAL CHANGE</td>
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<tr>
<td>BI 102</td>
<td>*ANIMAL BIOLOGY: GENES, BEHAVIOR AND EVOLUTION OF LIFE</td>
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<tr>
<td>BI 103</td>
<td>*HUMAN BIOLOGY: ANATOMY, PHYSIOLOGY AND DISEASE</td>
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<tr>
<td>ES 101</td>
<td>*INTRODUCTION TO ETHNIC STUDIES</td>
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<td>NUTR 225</td>
<td>GENERAL HUMAN NUTRITION</td>
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<tr>
<td>or NUTR 240</td>
<td>HUMAN NUTRITION</td>
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</tr>
<tr>
<td>PSY 201</td>
<td>*GENERAL PSYCHOLOGY</td>
<td>3</td>
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<tr>
<td>SOC 204</td>
<td>*INTRODUCTION TO SOCIOLOGY</td>
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<td>WR 222</td>
<td>*ENGLISH COMPOSITION</td>
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Total Hours 40

* Baccalaureate Core Course (BCC)
^ Writing Intensive Course (WIC)

Option Code: 241