

# HEALTH PROMOTION AND HEALTH BEHAVIOR OPTION

This option is offered within the following major(s):

- Public Health - College of Public Health and Human Sciences (<http://catalog.oregonstate.edu/college-departments/public-health-human-sciences/school-social-behavioral-health-sciences/public-health-bs-hbs/>)

Also available via Ecampus.

This option prepares students for many career opportunities in the areas of public health promotion, health behavior, and disease prevention. Students learn a variety of skills and strategies that will provide them with the necessary proficiencies to improve population health in diverse settings. The program focuses on the social and behavioral determinants of health and disease across the lifespan, with a particular emphasis on health disparities. Graduates are qualified to assist with the planning, implementing, and evaluation of programs that address health disparities and that are intended to improve the health of diverse populations.

## Option Code: 241

- Evaluate the sociocultural determinants of health behavior across the lifespan in diverse populations.
- Participate in the planning and implementation of messages and programs to promote health.
- Identify and appraise evidence-based public health practices and programs and adapt them for diverse populations and communities.

Code	Title	Credits
<b>Health Promotion and Behavior Required Option Core</b>		
H 310	HEALTH FIELD EXPERIENCES	3
or H 349	PEER HELPER SKILLS DEVELOPMENT	
H 376	EVIDENCE-BASED HEALTH PROMOTION	3
H 407	SEMINAR	2
H 410	INTERNSHIP	12
H 476	*PLANNING AND EVALUATING HEALTH PROMOTION PROGRAMS	4
<b>Required Supporting Courses</b>		
BI 101	*ENVIRONMENTAL BIOLOGY: ECOLOGY, CONSERVATION, GLOBAL CHANGE	4
or BI 102	*ANIMAL BIOLOGY: GENES, BEHAVIOR AND EVOLUTION OF LIFE	
or BI 103	*HUMAN BIOLOGY: ANATOMY, PHYSIOLOGY AND DISEASE	
ES 101	*INTRODUCTION TO ETHNIC STUDIES	3
NUTR 225	GENERAL HUMAN NUTRITION	3
or NUTR 240	HUMAN NUTRITION	
PSY 201	*GENERAL PSYCHOLOGY	4
SOC 204	*INTRODUCTION TO SOCIOLOGY	3
WR 222	*ENGLISH COMPOSITION	3
Total Credits		44

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Baccalaureate Core Course (BCC)

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Writing Intensive Course (WIC)

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