

HUMAN DEVELOPMENT AND FAMILY SCIENCE, GENERAL OPTION

This option is offered within the following major(s):

- Human Development and Family Sciences - College of Public Health and Human Sciences (<http://catalog.oregonstate.edu/college-departments/public-health-human-sciences/school-social-behavioral-health-sciences/human-development-family-sciences-bs-hbs>)

Available on the Corvallis and OSU-Cascades campuses and via Ecampus.

Students majoring in Human Development and Family Sciences learn how people change across the life course within the contexts of families, school, work, and communities. Information from many disciplines is applied to the study of individuals and families, preparing students to fully understand people and to develop skills in critical thinking and in research. Students learn about infants and toddlers, teens and adults of all ages, and families.

On completing the HDFS General option, students are prepared to be involved and effective community members and to improve people's lives. The HDFS General option is ideal for students interested in the helping professions and also pairs well with a minor or a second major in liberal studies; pre-medicine or pre-nursing; psychology; public health; sociology; Spanish; or women studies, gender, and sexuality studies. It provides exceptional preparation for graduate work in counseling, education, public policy, social work, or human development and family sciences, each of which can lead to a productive, satisfying career.

Code	Title	Hours
HDFS Core		
HDFS 240	*HUMAN SEXUALITY	3
HDFS 314	ADULT DEVELOPMENT AND AGING	4
HDFS 341	FAMILY STUDIES	4
HDFS 360	CRITICAL THINKING IN HUMAN DEVELOPMENT AND FAMILY SCIENCES	4
HDFS 361	APPLIED RESEARCH METHODS	4
Non-HDFS Courses		
COMM 218	*INTERPERSONAL COMMUNICATION (COCC: SP 218)	3
NUTR 225	GENERAL HUMAN NUTRITION (COCC: FN 225)	3
PSY 201	*GENERAL PSYCHOLOGY (COCC: PSY 201)	3
PSY 202	*GENERAL PSYCHOLOGY (COCC: PSY 202)	3
SOC 204	*INTRODUCTION TO SOCIOLOGY (COCC: SOC 201)	3
WR 327	*TECHNICAL WRITING	3
Select one of the following statistics options:		3-4
H 220	INTRODUCTION TO HEALTH DATA ANALYSIS (COCC: MTH 243 and MTH 244)	
ST 201 & ST 202	PRINCIPLES OF STATISTICS and PRINCIPLES OF STATISTICS (COCC: MTH 243, MTH 244)	
ST 351	INTRODUCTION TO STATISTICAL METHODS	
Required for Option		

HDFS 311	INFANT AND CHILD DEVELOPMENT	4
HDFS 313	ADOLESCENT DEVELOPMENT	4
HDFS 461	^PROGRAM DEVELOPMENT AND PROPOSAL WRITING	4
Select at least 11 credits of the following not previously taken:		11
ED 140	Introduction to Early Childhood (COCC)	
HDFS 201	*CONTEMPORARY FAMILIES IN THE U.S.	
HDFS 312	PARENTING RESEARCH AND APPLICATION	
HDFS 331	DIRECTED EXPERIENCE IN EARLY CHILDHOOD (OSU-Cascades Only)	
HDFS 431	FAMILY, SCHOOL, AND COMMUNITY COLLABORATION	
HDFS 432	CHILDREN AND YOUTH WITH SPECIAL NEEDS	
HDFS 444	FAMILY VIOLENCE AND NEGLECT	
HDFS 447	*FAMILIES AND POVERTY	
HDFS 465	TOPICS IN HUMAN DEVELOPMENT AND FAMILY SCIENCES	
Total Hours		63-64

* Baccalaureate Core Course (BCC)

^ Writing Intensive Course (WIC)

COCC: Central Oregon Community College

Option Code: 441