

KINESIOLOGY UNDERGRADUATE MAJOR (BS, HBS)

Available on Corvallis and OSU-Cascades campuses.

The Kinesiology major prepares students for careers in physical activity and fitness/wellness such as organizing, directing or managing physical fitness programs; personal trainer; fitness instructor; exercise physiologist; strength and fitness coach; and fitness entrepreneur. The degree can also serve as preparation for applications to a master's level physical education teacher education program, medical school, a professional program in the allied health professions (e.g., physical or occupational therapy, nursing, physician assistant) or other graduate education. Students interested in entry into professional schools of physical or occupational therapy, nursing, medical school, or physicians assistant should take the Pre-Therapy and Allied Health option of the Kinesiology major, which has entry standards that must be met after completion of 90 credits.

Code	Title	Hours
Baccalaureate Core		
Select 48 credits		48
Major Requirements		
<i>Kinesiology Core</i>		
KIN 131	INTRODUCTION TO KINESIOLOGY	1
KIN 311	MOTOR BEHAVIOR	4
KIN 312	*SOCIOCULTURAL DIMENSIONS OF PHYSICAL ACTIVITY	3
KIN 314	INTRODUCTION TO ADAPTED PHYSICAL ACTIVITY	3
KIN 321	BIOMECHANICS OF HUMAN MOVEMENT	4
KIN 324	EXERCISE PHYSIOLOGY	4
KIN 370	PSYCHOLOGY OF SPORT AND PHYSICAL ACTIVITY	3
KIN 481	^ANALYSIS OF CRITICAL ISSUES IN KINESIOLOGY	3
<i>Required Supporting Courses</i>		
Select one of the following options:		15
Option A		
BI 231 & BI 232 & BI 233	INTRODUCTION TO HUMAN ANATOMY AND PHYSIOLOGY and INTRODUCTION TO HUMAN ANATOMY AND PHYSIOLOGY LABORATORY	
BI 241 & BI 242 & BI 243	INTRODUCTION TO HUMAN ANATOMY AND PHYSIOLOGY LABORATORY and INTRODUCTION TO HUMAN ANATOMY AND PHYSIOLOGY LABORATORY	
Option B		
BI 331 & BI 332 & BI 333	ADVANCED HUMAN ANATOMY AND PHYSIOLOGY and ADVANCED HUMAN ANATOMY AND PHYSIOLOGY LABORATORY	

BI 341 & BI 342 & BI 343	ADVANCED HUMAN ANATOMY AND PHYSIOLOGY LABORATORY and ADVANCED HUMAN ANATOMY AND PHYSIOLOGY LABORATORY and ADVANCED HUMAN ANATOMY AND PHYSIOLOGY LABORATORY	
CH 121 or CH 231 & CH 261	GENERAL CHEMISTRY and *LABORATORY FOR CHEMISTRY 231	5
CH 122 or CH 232 & CH 262	*GENERAL CHEMISTRY and *LABORATORY FOR CHEMISTRY 232	5
CH 123 or CH 233 & CH 263	*GENERAL CHEMISTRY and *LABORATORY FOR CHEMISTRY 233	5
H 100	INTRODUCTION TO PUBLIC HEALTH	4
MTH 112	*ELEMENTARY FUNCTIONS	4
NUTR 240	HUMAN NUTRITION	3
KIN Courses Beyond the Core		
Select a minimum of 24 credits ¹		24
Total credits required for graduation		180

¹ These KIN courses are chosen to meet individual students' educational goals in preparation for their chosen careers. Must take at least 24 total credits of 300- and 400-level KIN courses not included in the Kinesiology Core, and among these credits:

1. Must take at least 3 KIN Lab courses (KIN course with a lab component; credits per course may vary), and
2. Must take at least 3 credits of Experiential Learning from the following courses: KIN 301 RESEARCH AND SCHOLARSHIP, KIN 306 PROJECTS, KIN 401 RESEARCH AND SCHOLARSHIP, KIN 406 PROJECTS, KIN 410 INTERNSHIP, and KIN practicum courses; or credits earned in research, study abroad, or service-learning experiences. No more than 9 Experiential Learning credits will count toward the 24 total credits required.

* Baccalaureate Core Course (BCC)
^ Writing Intensive Course (WIC)

Minimum Grade Policy

A grade of C– or better is required in all courses fulfilling Kinesiology major requirements (Kinesiology Core, Required Supporting Courses, and KIN Courses Beyond the Core).

Repeated Courses Policy

The university's repeated courses policy will be followed (AR 20). Kinesiology students are allowed at most two attempts to meet individual course degree requirements. Students who do not receive the minimum grade required for a course after two attempts (including courses transferred from other institutions) will not be allowed to have grades earned in subsequent attempts count toward meeting Kinesiology degree requirements. As a result, such students may not be able to complete a degree and/or an option in Kinesiology.

Pre-Therapy and Allied Health is an option with admission standards that may be added to the major:

Students may apply for admission to the PTAH option after completion of 90 credits. Requirements for admission can be found under the catalog listing for the PTAH option.

Major Code: 840