KINESIOLOGY UNDERGRADUATE MAJOR (BS, HBS)

This major offers the following option(s):

- Pre-Therapy and Allied Health (http://catalog.oregonstate.edu/college-departments/public-health-human-sciences/school-biological-population-health-sciences/kinesiology-bs-hbs/pre-therapy-allied-health-option/)

Also available at OSU-Cascades.

The Kinesiology major prepares students for careers in physical activity and fitness/wellness such as organizing, directing or managing physical fitness programs; personal trainer; fitness instructor; exercise physiologist; strength and fitness coach; and fitness entrepreneur. The degree can also serve as preparation for applications to a master's level physical education teacher education program, medical school, a professional program in the allied health professions (e.g., physical or occupational therapy, nursing, physician assistant) or other graduate education. Students interested in entry into professional schools (occupational therapy, nursing, physician assistant) or other graduate level physical education teacher education program, medical school, a degree can also serve as preparation for applications to a master's program.

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- Understand the methods by which public health identifies potential causes of population health status, and identifies potential targets for intervention.
- Describe the fundamental roles of public health and how those roles are operationalized in public health organization, funding, workforce, and regulations.
- Describe the role of physical activity in health and wellness.
- Demonstrate knowledge of scientific concepts related to physical activity.
- Apply scientific concepts towards assessing, promoting, or enhancing physical health, fitness, or performance.
- Demonstrate skill in communication.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>BI 231</td>
<td>INTRODUCTION TO HUMAN ANATOMY AND PHYSIOLOGY and INTRODUCTION TO HUMAN ANATOMY AND PHYSIOLOGY</td>
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<tr>
<td>BI 241</td>
<td>INTRODUCTION TO HUMAN ANATOMY AND PHYSIOLOGY and PHYSIOLOGY LABORATORY</td>
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Baccalaureate Core (48 credits)

Major Requirements (94 credits)

Kinesiology Core (29 credits)

- KIN 131 INTRODUCTION TO KINESIOLOGY
- KIN 206 PROJECTS
- KIN 311 MOTOR BEHAVIOR
- KIN 312 *SOCIOCULTURAL DIMENSIONS OF PHYSICAL ACTIVITY
- KIN 314 INTRODUCTION TO ADAPTED PHYSICAL ACTIVITY
- KIN 321 BIOMECHANICS OF HUMAN MOVEMENT
- KIN 324 EXERCISE PHYSIOLOGY
- KIN 370 PSYCHOLOGY OF SPORT AND PHYSICAL ACTIVITY
- KIN 481 *ANALYSIS OF CRITICAL ISSUES IN KINESIOLOGY

Required Supporting Courses (41 credits)

Select one of the following series: 15

Series A

Series B

Total credits required for graduation is 180

- Baccalaureate Core Course (BCC)
- Writing Intensive Course (WIC)
+ These KIN courses are chosen to meet individual students' educational goals in preparation for their chosen careers. Must take at least 24 total credits of 300- and 400-level KIN courses not included in the Kinesiology Core, and among these credits:
  1. Must take at least 3 KIN Lab courses (KIN course with a lab component; credits per course may vary)
  2. Must take at least 3 credits of Experiential Learning from the following courses: KIN 301, KIN 306, KIN 401, KIN 406, KIN 410, and KIN practicum courses; or credits earned in research, study abroad, or service-learning experiences. No more than 9 Experiential Learning credits will count toward the 24 total credits required

Minimum Grade Policy

A grade of C− or better is required in all courses fulfilling Kinesiology major requirements (Kinesiology Core, Required Supporting Courses, and KIN Courses Beyond the Core).

Repeated Courses Policy

The university’s repeated courses policy will be followed (AR 20). Kinesiology students are allowed at most two attempts to meet individual course degree requirements. Students who do not receive the minimum grade required for a course after two attempts (including courses transferred from other institutions) will not be allowed to have grades earned in subsequent attempts count toward meeting Kinesiology degree requirements. As a result, such students may not be able to complete a degree and/or an option in Kinesiology.
Pre-Therapy and Allied Health is an option with admission standards that may be added to the major. Students may apply for admission to the PTAH option after completion of 90 credits. Requirements for admission can be found under the catalog listing for the PTAH option.

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