

HEALTH TEACHING OPTION

This option is offered within the following major(s):

- Education - College of Education (<http://catalog.oregonstate.edu/college-departments/education/education-ba-bs-hba-hbs>)

This option is for students wanting to earn a bachelor's degree in Education and qualify for an Oregon Teaching License to teach health at the middle school (grades 6–9) and/or the high school (grades 9–12) levels.

Health students are encouraged to add a Career and Technical Education (CTE) Endorsement in Health Sciences. This endorsement qualifies one to teach specialized career training courses at the secondary level. The CTE endorsement is earned by working 1,800 hours in the health industry or working 600 hours in a variety of health industry experiences including job shadows, internships, volunteer work and paid work. This endorsement can be added during or after the degree program so one can begin working on it at any time. For more information, check with the Double Degree Advisor.

Pre-Education Level

Students at this level will be taking general education prerequisite course work and required content course work.

Note: Pre-Education students should meet with the Double Degree Advisor at least once a year in order to ensure they are on track to meet the prerequisite and content mastery requirements prior to applying to the Professional Level.

All Pre-Education General Education courses completed prior to Professional Level.

| Code | Title | Hours |
|--|---|-------|
| Pre-Education General Course Work | | |
| ED 216 | *PURPOSE, STRUCTURE, AND FUNCTION OF EDUCATION IN A DEMOCRACY | 3 |
| ED 219 | CIVIL RIGHTS AND MULTICULTURAL ISSUES IN EDUCATION | 3 |
| ED 253 | LEARNING ACROSS THE LIFESPAN ¹ | 3 |
| ED 309 | FIELD PRACTICUM ² | 3 |
| ED 472 | FOUNDATIONS OF ESOL EDUCATION | 3 |
| ED 479 | LINGUISTICS FOR TEACHERS (Prerequisite ED 472) | 3 |

Health Content Mastery Requirements ³

Standard 1. Knowledge and Understanding of Substance Use and Abuse

Select two of the following or practicum: 6

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| H 349 | PEER HELPER SKILLS DEVELOPMENT | |
| H 364 | DRUGS, SOCIETY AND HUMAN BEHAVIOR | |
| SOC 442 | SOCIOLOGY OF DRUG USE AND ABUSE | |
| HHS 231 | *LIFETIME FITNESS FOR HEALTH (and Practicum experience that focuses on substance abuse and health) | |

Standard 2. Knowledge and Understanding of Nutrition

Select one of the following: 3

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| NUTR 225 | GENERAL HUMAN NUTRITION | |
| NUTR 240 | HUMAN NUTRITION | |

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|--|---|-----|
| NUTR 312 | *ISSUES IN NUTRITION AND HEALTH | |
| HE 204. | Exercise and Weight Management (3) at LBCC | |
| HE 205. | Diet and Nutrition: Active Lifestyle (3) at LBCC | |
| <i>Standard 3. Knowledge and Understanding of Disease Prevention</i> | | |
| H 320 | INTRODUCTION TO HUMAN DISEASE | 3 |
| Select one of the following options: | | 3-6 |
| Option 1: | | |
| Select one course of the following: | | |
| H 210 | *INTRODUCTION TO THE HEALTH CARE SYSTEM | |
| H 225 | *SOCIAL AND INDIVIDUAL HEALTH DETERMINANTS | |
| HDFS 314 | ADULT DEVELOPMENT AND AGING | |
| SOC 350 | HEALTH, ILLNESS AND SOCIETY | |
| or Practicum Experience that focuses on substance abuse and health | | |
| Option 2: Two LBCC Courses | | |
| HE 225. | Social and Individual Determinants of Health (3) at LBCC | |
| HE 253. | Aids and Sexuality Transmitted Diseases (3) at LBCC | |
| <i>Standard 4. Knowledge and Understanding of Environmental Health</i> | | |
| Select one of the following: | | 3-4 |
| H 344 | FOUNDATIONS OF ENVIRONMENTAL HEALTH | |
| H 220 | INTRODUCTION TO HEALTH DATA ANALYSIS | |
| HDFS 444 | FAMILY VIOLENCE AND NEGLECT | |
| HE 125. | Occupational Safety and Health (3) at LBCC | |
| <i>Standard 5. Knowledge and Understanding of Safety and Injury Prevention</i> | | |
| Required: Current Certification in First Aid, CPT and/or AED | | |
| Select 2-3 credits of the following: | | 2-3 |
| HHS 241 | *LIFETIME FITNESS | |
| PAC 304 | ALI: BACKPACKING | |
| PAC 320 | ALI: MOUNTAINEERING I | |
| PAC 325 | ALI: WILDERNESS FIRST AID | |
| PAC 329 | ALI: WILDERNESS FIRST RESPONDER | |
| <i>Standard 6. Personal Health, Growth, and Development</i> | | |
| BI 231 | INTRODUCTION TO HUMAN ANATOMY AND PHYSIOLOGY | 3 |
| H 225 | *SOCIAL AND INDIVIDUAL HEALTH DETERMINANTS | 4 |
| Select two of the following: | | 6-7 |
| BI 232 | INTRODUCTION TO HUMAN ANATOMY AND PHYSIOLOGY | |
| BI 233 | INTRODUCTION TO HUMAN ANATOMY AND PHYSIOLOGY | |
| HDFS 311 | INFANT AND CHILD DEVELOPMENT | |
| HDFS 313 | ADOLESCENT DEVELOPMENT | |
| KIN 230 | INTRODUCTION TO ADVENTURE PROGRAMS | |
| KIN 312 | *SOCIOCULTURAL DIMENSIONS OF PHYSICAL ACTIVITY | |
| KIN 370 | PSYCHOLOGY OF SPORT AND PHYSICAL ACTIVITY | |
| <i>Standard 7. Mental and Emotional Health</i> | | |
| ED 216 | *PURPOSE, STRUCTURE, AND FUNCTION OF EDUCATION IN A DEMOCRACY | 3 |
| ED 253 | LEARNING ACROSS THE LIFESPAN | 3 |

Select two of the following: 6-8

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| H 421 | MENTAL HEALTH |
| HDFS 432 | CHILDREN AND YOUTH WITH SPECIAL NEEDS |
| HDFS 447 | *FAMILIES AND POVERTY |
| PSY 201 | *GENERAL PSYCHOLOGY |
| PSY 202 | *GENERAL PSYCHOLOGY |
| PSY 330 | BRAIN AND BEHAVIOR |
| PSY 360 | SOCIAL PSYCHOLOGY |
| SOC 204 | *INTRODUCTION TO SOCIOLOGY (or Child Abuse Training with Certificate of Completion) |

Standard 8. Human Sexuality and Family Life Education

Select one of the following: 3-4

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| HDFS 240 | *HUMAN SEXUALITY |
| HDFS 312 | PARENTING RESEARCH AND APPLICATION |
| SOC 312 | *SOCIOLOGY OF THE FAMILY |

Total Hours 66-75

¹ Not required if you have taken HDFS 311 INFANT AND CHILD DEVELOPMENT, HDFS 313 ADOLESCENT DEVELOPMENT and HDFS 314 ADULT DEVELOPMENT AND AGING with a 3.0 or higher GPA).

² Can be waived with 60 hours supervised/documentated volunteer service.

³ To be completed prior to beginning the Professional Level. Most of this course work will also meets the student's first degree.

- Must have 3.0 accumulative GPA on all course work to fulfill content mastery requirements.
- All grades must be taken as A-F graded courses; no P/N or S/U grades accepted for content mastery courses.
- Experiences in these areas are highly valued and may be considered in place of course work.

* Baccalaureate Core Course

^ Writing Intensive Course (WIC)

Professional Level

To be accepted into the Professional Level, a student must have completed the required Pre-Education General Courses and the Content Area Mastery course work with a minimum 3.0 GPA or by special petition. In addition, students need two letters of recommendation and passing scores on all exams required for Oregon licensure.

The following credits are taken in order during the Professional year-long program.

| Course | Title | Hours |
|--------|--|-------|
| Fall | | |
| ED 340 | ^SUPPORTIVE DIFFERENTIATED ENVIRONMENTS | 3 |
| ED 409 | PRACTICUM CLINICAL EXPERIENCE (September Experience) | 2 |
| ED 409 | PRACTICUM/ CLINICAL EXPERIENCE (Fall Practicum) | 3 |

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| ED 412 | LEARNING STYLES AND NEEDS IN ADOLESCEN | 2 |
| ED 494 | CONTENT STANDARDS AND CURRICULUM DEVELOPMENT FOR HIGH SCHOOL | 3 |
| | | Hours 13 |

Winter

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|------------------|---|-------------|
| ED 407 | SEMINAR | 1 |
| ED 410 | INTERNSHIP WORK EXPERIENCE (Part-time Student Teaching) | 3 |
| ED 425 | CURRICULUM IMPLEMENTATION AND INSTRUCTIONAL STRATEGIES 7-12 | 4 |
| ED 427 | ALTERNATIVE ASSESSMENT FOR MIDDLE AND HIGH SCHOOL | 2 |
| ED 493 or ED 473 | READING, LITERATURE, AND LANGUAGE DEVELOPMENT IN THE CONTENT or INSTRUCTIONAL APPROACHES FOR ESOL EDUCATION | 2-3 |
| | | Hours 12-13 |

Spring

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| ED 410 | INTERNSHIP/ WORK EXPERIENCE (Full-time Student Teaching) | 10 |
| ED 424 | TEACHER AS REFLECTIVE PRACTITION | 2 |
| | | Hours 12 |
| | | Total Hours 37-38 |

* Baccalaureate Core Course

^ Writing Intensive Course (WIC)

Option Code: 66