

HEALTH TEACHING OPTION

This option is offered within the following major(s):

- Education - College of Education (<http://catalog.oregonstate.edu/college-departments/education/education-ba-bs-hba-hbs/>)

This option is for students wanting to earn a bachelor’s degree in Education and qualify for an Oregon Teaching License to teach health at the middle school (grades 6–9) and/or the high school (grades 9–12) levels.

Health students are encouraged to add a Career and Technical Education (CTE) endorsement in Health Sciences. This endorsement qualifies one to teach specialized career training courses at the secondary level. The CTE endorsement is earned with 1,800 hours working in the health industry or 600 working hours in a variety of health industry work settings including job shadows, internships, volunteer work, and paid work. This endorsement can be added during or after the degree program so one can begin working on it at any time.

For more information, contact the College of Education Student Services Advisor, 104 Furman Hall, 541-737-4661.

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To meet the standards for this option, students must complete the required courses in every standard prior to beginning the Professional Level. Note: Most of the required courses in this option will also meets a student’s first degree requirements

Additional option requirements:

- A cumulative 3.0 GPA is preferred for all required courses. Grades below C- are not accepted
- All required courses must be letter graded (A–F); courses graded on Pass/No Credits (P/N) or Satisfactory/Unsatisfactory (S/U) basis are not accepted
- Work or volunteer experiences in these standards may be considered in place of course work

Code	Title	Credits
Standard 1. Alcohol, Tobacco, and Drug Prevention		
SOC 204 or PSY 330	*INTRODUCTION TO SOCIOLOGY BRAIN AND BEHAVIOR	3-4
Standard 2. Promotion of Health Eating and Physical Activity		
NUTR 225 or NUTR 240	GENERAL HUMAN NUTRITION HUMAN NUTRITION	3
Select a minimum of 3 credits from the following:		3
Any FCSJ course		
Any NUTR course		
Standard 3. Prevention and Control of Disease		
H 225	*SOCIAL AND INDIVIDUAL HEALTH DETERMINANTS	4
H 312	*HIV/AIDS AND STIS IN MODERN SOCIETY	3
Standard 4. Promotion of Environmental Health		
H 320 or H 333	INTRODUCTION TO HUMAN DISEASE *GLOBAL PUBLIC HEALTH	3
Select one of the following:		3-4
GEOG 240	*HUMAN DIMENSIONS OF CLIMATE CHANGE	
GEOG 300	*SUSTAINABILITY FOR THE COMMON GOOD	
GEOG 331	*POPULATION, CONSUMPTION, AND ENVIRONMENT	
H 344	*FOUNDATIONS OF ENVIRONMENTAL HEALTH	
HDFS 444	FAMILY VIOLENCE AND NEGLECT	

Standard 5. Safety and Injury Prevention		
PAC 105	CPR/FIRST AID	1
Select one of the following:		1-3
KIN 230	INTRODUCTION TO ADVENTURE PROGRAMS	
KIN 341	NUTRITION FOR EXERCISE	
KIN 370	PSYCHOLOGY OF SPORT AND PHYSICAL ACTIVITY	
PAC 202	MEDITATION	
PAC 244	SCUBA: RESCUE DIVER	
PAC 248	SWIM: NON-SWIMMER	
PAC 293	INTERDISCIPLINARY YOGA	
PAC 302	ALI: CHALLENGE COURSE PRACTICES AND FACILITATION	
PAC 304	ALI: BACKPACKING	
PAC 320	ALI: MOUNTAINEERING I	
PAC 324	ALI: WHITE WATER RESCUE	
PAC 325	ALI: WILDERNESS FIRST AID	
PAC 329	ALI: WILDERNESS FIRST RESPONDER	
Standard 6. Promotion of Personal Health, Growth, and Development		
BI 103	*HUMAN BIOLOGY: ANATOMY, PHYSIOLOGY AND DISEASE	4
Standard 7. Promotion of Mental Health & Emotional Health and Prevention of Suicide		
Select two of the following:		6-7
HDFS 432	CHILDREN AND YOUTH WITH DISABILITIES	
HDFS 447	*FAMILIES AND POVERTY	
PSY 201	*GENERAL PSYCHOLOGY	
PSY 202	*GENERAL PSYCHOLOGY	
PSY 330	BRAIN AND BEHAVIOR	
PSY 360	SOCIAL PSYCHOLOGY	
SOC 206	*SOCIAL PROBLEMS AND ISSUES	
SOC 345	*CRIMES AND VIOLENCE IN INTIMATE RELATIONSHIPS	
Standard 8. Promotion of Sexual Health		
HDFS 240	*HUMAN SEXUALITY	3
Total Credits		37-42

* Baccalaureate Core Course (BCC)

^ Writing Intensive Course (WIC)

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