HEALTH TEACHING OPTION

This option is offered within the following major(s):

- Education - College of Education (http://catalog.oregonstate.edu/college-departments/education/education-ba-bs-hba-hbs/)

This option is for students wanting to earn a bachelor's degree in Education and qualify for an Oregon Teaching License to teach health at the middle school (grades 6–9) and/or the high school (grades 9–12) levels.

Health students are encouraged to add a Career and Technical Education (CTE) endorsement in Health Sciences. This endorsement qualifies one to teach specialized career training courses at the secondary level. The CTE endorsement is earned with 1,800 hours working in the health industry or 600 working hours in a variety of health industry work settings including job shadows, internships, volunteer work, and paid work. This endorsement can be added during or after the degree program so one can begin working on it at any time.

For more information, contact the College of Education Student Services Advisor, 104 Furman Hall, 541-737-4661.

Option Code: 66

To meet the standards for this option, students must complete the required courses in every standard prior to beginning the Professional Level. Note: Most of the required courses in this option will also meet a student's first degree requirements

Additional option requirements:

- A cumulative 3.0 GPA is preferred for all required courses. Grades below C- are not accepted
- All required courses must be letter graded (A–F); courses graded on Pass/No Credits (P/N) or Satisfactory/Unsatisfactory (S/U) basis are not accepted
- Work or volunteer experiences in these standards may be considered in place of course work

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>SOC 204</td>
<td>*INTRODUCTION TO SOCIOLOGY</td>
<td>3-4</td>
</tr>
<tr>
<td>or PSY 330</td>
<td>BRAIN AND BEHAVIOR</td>
<td></td>
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<tr>
<td>NUTR 225</td>
<td>GENERAL HUMAN NUTRITION</td>
<td>3</td>
</tr>
<tr>
<td>or NUTR 240</td>
<td>HUMAN NUTRITION</td>
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Select a minimum of 3 credits from the following:

- Any FCSJ course
- Any NUTR course

Standard 5. Safety and Injury Prevention

| PAC 105 | CPR/FIRST AID | 1 |

Select one of the following:

- KIN 230 | INTRODUCTION TO ADVENTURE PROGRAMS
- KIN 341 | NUTRITION FOR EXERCISE
- KIN 370 | PSYCHOLOGY OF SPORT AND PHYSICAL ACTIVITY
- PAC 202 | MEDITATION
- PAC 244 | SCUBA: RESCUE DIVER
- PAC 248 | SWIM: NON-SWIMMER
- PAC 293 | INTERDISCIPLINARY YOGA
- PAC 302 | ALI: CHALLENGE COURSE PRACTICES AND FACILITATION
- PAC 304 | ALI: BACKPACKING
- PAC 320 | ALI: MOUNTAINEERING I
- PAC 324 | ALI: WHITE WATER RESCUE
- PAC 325 | ALI: WILDERNESS FIRST AID
- PAC 329 | ALI: WILDERNESS FIRST RESPONDER

Standard 6. Promotion of Personal Health, Growth, and Development

| BI 103 | *HUMAN BIOLOGY: ANATOMY, PHYSIOLOGY AND DISEASE | 4 |

Standard 7. Promotion of Mental Health & Emotional Health and Prevention of Suicide

Select two of the following:

- HDFS 432 | CHILDREN AND YOUTH WITH DISABILITIES
- HDFS 447 | *FAMILIES AND POVERTY
- PSY 201 | *GENERAL PSYCHOLOGY
- PSY 202 | *GENERAL PSYCHOLOGY
- PSY 330 | BRAIN AND BEHAVIOR
- PSY 360 | SOCIAL PSYCHOLOGY
- SOC 206 | *SOCIAL PROBLEMS AND ISSUES
- SOC 345 | *CRIMES AND VIOLENCE IN INTIMATE RELATIONSHIPS

Standard 8. Promotion of Sexual Health

| HDFS 240 | *HUMAN SEXUALITY | 3 |

Total Credits 37-42

* Baccalaureate Core Course (BCC)
^ Writing Intensive Course (WIC)

Option Code: 66